

Key Stage 3 PSHE Timeline

Year 8

Term 1

E-Safety			
Week	Lesson Title	Part of syllabus	Other activities
1	Introduction lesson – reflections on last year, strengths and areas to improve	PSHE	Welcome assembly – set expectations/praise code
2	How do companies collect and use your online data?	PSHE	Assembly – Attendance
3	How does social media affect body image?	PSHE	Assembly – Esafety (Clennell)
4	Why do some people feel pressure from social media?	PSHE	Assembly – Kooth Malicious communications talks from Northumbria Police
5	What are the dangers of sexting?	PSHE	Assembly – Sum up of Northumbria police sessions
6	What is revenge porn?	PSHE/SRE	8G Assembly – Esafety
7	What is online stress and FOMO?	PSHE/SRE	Assembly – My Teenage Brain
October Half Term			

Drugs and Alcohol			
Week	Lesson Title	Part of Syllabus	Other activities
8	What is a drug?	Health	
9	What are the risks and influences of tobacco?	Health	Assembly - Mental Health Awareness Week
10	What are the risks of alcohol?	Health	Assembly – appropriate use of NHS services
11	How does alcohol effect our health?	Health/SRE	Assembly – Knowing who to talk to in school/out of school
12	How does alcohol effect our lives in other ways?	Health	Assembly – Growth mindset Riot Act Performance – Road Safety
13	Why are some drugs legal and some illegal?	Health	8J Assembly – Alcohol and drugs
14	Is cannabis a gateway drug?	Health	Assembly – Antisocial behaviour and the law
15	What is a legal high?	Health	End of term celebration assembly
Christmas Holidays			

Term 2

Finance			
Week	Lesson	Part of syllabus	Other activities
16	What are my aspirations?	Careers/PSHE	Assembly – Aspirations
17	Why is it important to be able to manage money?	PSHE	Assembly – Martin Luther King Assembly
18	How do people get into debt? What is it?	PSHE	Assembly – LGBT History Month The Prime Agency performance - Diversity
19	How does tax work?	PSHE	Assembly – Lunar New Year
20	How do you budget effectively?	PSHE	8H Assembly - Careers
21	How do you set up a bank account?	PSHE	Assembly – Making progress
February Half Term			

Relationships			
Week	Lesson	Part of syllabus	Other activities
22	What are some reasons for relationships?	SRE	Assembly – Healthy Relationships
23	What does a healthy and unhealthy romantic relationship look like?	SRE	Assembly - Homophobia
24	What is sexuality and gender identity?	SRE	Riot Act – Antisocial behaviour Assembly – Being resilient
25	What is the law of consent?	SRE	8A Assembly – International Womens Day
26	What are the dangers of unsafe sex?	SRE	Assembly – end of term celebration/praise assembly
Easter Holidays			

Term 3

Anti-social Behaviour and the Law			
Week	Lesson Title	Part of syllabus	Other activities
27	What is anti-social behaviour?	PSHE	Assembly – Having respect
28	What is the law when it comes to young people?	PSHE	Assembly – Being responsible
29	What does knife crime look like in the country?	PSHE	Knife crime session delivered my Northumbria Police
30	What is the role of the police?	PSHE	Assembly – The law/crimes
31	What are human rights?	PSHE	8S Assembly – Courts/justice system
32	How does the justice system work?	PSHE	Assembly – end of term celebration/praise assembly
May Half Term			

Transition – getting ready for the next step			
Week	Lesson Title	Part of Syllabus	Other activities
33	How can you cope with change?	PSHE	Assembly – Pride Month
34	How can I be resilient?	PSHE	Assembly - Aspirations
35	How do I cope with exam stress?	PSHE	Assembly – The Learning Circle
36	What types of careers are there?	Careers/PSHE	8C Assembly – Exam pressure
37	Aspirations – what will get me to my goal?	Careers/PSHE	Assembly – Careers day review
38	Reflecting on transition days – what do I need to do to prepare for high school?	PSHE	Transition days
39	Reflecting on transition days – what do I need to do to prepare for high school?	PSHE	Assembly – yellow week/end of year celebration assembly
Summer Holidays			