

GJHA Personal Development Calendar 2023 - 2024

Personal Development Calendar - Autumn

	Year 5	Year 6	Year 7	Year 8
PHSE weekly lesson	<ul style="list-style-type: none"> Personal Safety Physical Health Relationships 	<ul style="list-style-type: none"> Personal Safety Physical Health Relationships 	<ul style="list-style-type: none"> Personal Safety Physical and Mental Health (smoking / dieting) 	<ul style="list-style-type: none"> Personal Safety Physical and Mental Health (drugs / alcohol)
PRAISE Personal Development focus	<ul style="list-style-type: none"> Positivity (Transition into GJHA) Resilience (Starting a new school) 	<ul style="list-style-type: none"> Positivity (Friendships / relationships) Resilience (Overcoming academic challenges) 	<ul style="list-style-type: none"> Positivity (new class / new KS) Resilience (New subjects/academic challenges) 	<ul style="list-style-type: none"> Positivity (self-esteem and self-worth) Resilience (dealing with social pressures)
Assemblies	Roald Dahl (Ms Dixon - Head of English) Positive approach to reading / links to better mental health National Poetry Day (Miss Whaley and Mrs Creasey and Library Helpers) -Refuge/safety in school Attendance Assembly - (Brenda and Miss Whaley) School positivity/rewarding and supporting attendance Nexus – Metro Safety Community Police – Fire Safety (Bonfire Night) Remembrance Day Class Assemblies: <ul style="list-style-type: none"> 6G - Recycling Week 6J - Black History (Oct) 6H - Anti-Bullying Week (Nov) 6A – Resilience 		Clennell – ESafety (Mon 19 Sept) Community Police – Firework safety (Mon 31 Oct) Remembrance Day Kooth (Mon 28 November) Class assemblies: <ul style="list-style-type: none"> 7G - Staying safe online 7J - The importance of sleep 8G - Cyberbullying 8 8J - Drugs and Alcohol 	

GJHA Personal Development Calendar 2023 - 2024

Enrichment Events	<p>Audio Universe Workshops (Science linked to inclusion and resilience)</p> <p>Macmillian World's Biggest Coffee Morning/Meet the Tutor Event</p> <p>National Poetry Day (Thursday 5TH Oct) Poet links / writing competitions/form time echo reading</p> <p>Children in Need (17th November) - Personal sporting challenges linked to resilience</p> <p>Anti-Bullying Week (13^h - 17th November) and Odd Socks Day (Monday 13th) Links to PHSE Personal safety and managing relationships</p>	<p>Malicious Communication Sessions delivered by Northumbria VRU (Sept/Oct)</p> <p>Drugs and Alcohol Workshops VRU sessions (3 session per class)</p> <p>Children in Need (8th November)</p> <p>Anti-Bullying Week (14th - 18th November) Odd Socks Day</p>		
Personal Development Calendar - Spring				
	Year 5	Year 6	Year 7	Year 8
PHSE weekly lesson	<ul style="list-style-type: none"> • Mental Health • Bullying and Discrimination (stereotypes) • Community and Responsibility 	<ul style="list-style-type: none"> • Mental Health • Bullying and Discrimination (Racism) • Community and Responsibility 	<ul style="list-style-type: none"> • Relationship and Sex Education • Community and Responsibility (Diversity) 	<ul style="list-style-type: none"> • Relationships and Sex Education • Money and Work (Finance)

GJHA Personal Development Calendar 2023 - 2024

PRAISE Personal Development lesson	<ul style="list-style-type: none"> Aspiration (target setting for Y5 / recognising strengths and areas to develop) Inclusion (making new friends) 	<ul style="list-style-type: none"> Aspiration (exam success / positive role models) Inclusion (racism / sexism) 	<ul style="list-style-type: none"> Aspiration (pathways and next steps) Inclusion (racism / homophobic) 	<ul style="list-style-type: none"> Aspiration (career options) Inclusion (racism / LGBTQ)
Assemblies	VI ARP – World Braille Day (4 Jan) Safer Internet Day (7 Feb) International Women’s Day (8 March) Police Assembly – 28 March. Being a responsible member of the community Earth Day (22 April) Class Assemblies: <ul style="list-style-type: none"> 6S - Inclusion 6C - Mental Health 5G - National Bed Month 5J - St George’s Day (23 April) 	Martin Luther King Day (16 th January) LGBT History Month (February) International Women’s Day (8 March) Class Assemblies: <ul style="list-style-type: none"> 7H - LGBT History Month 7A - Positive Relationships 8H - Martin Luther King Day 8A - International Woman’s Day 		
Enrichment Events	NSPCC Number Day (3 February) Children’s Mental Health Week (6 - 12 February) Safer Internet Day (14 February) World Book Day (2 March) Science Week (11 – 20 March)	NSPCC Number Day (3 February) World Book Day (2 March) Science Week (11 – 20 March)		
Personal Development Calendar - Summer				
	Year 5	Year 6	Year 7	Year 8
PHSE weekly lesson	<ul style="list-style-type: none"> Media and Digital Literacy Growing and Changing 	<ul style="list-style-type: none"> Media and Digital Literacy Growing and Changing 	<ul style="list-style-type: none"> Mental Health Citizenship (Government and Democracy) 	<ul style="list-style-type: none"> Community and Responsibility (Anti-social behaviour and the Law)

GJHA Personal Development Calendar 2023 - 2024

				<ul style="list-style-type: none"> • Careers and Citizenship
PRAISE Personal Development	<ul style="list-style-type: none"> • Success (what does it mean to be successful?) • Empathy (How can I understand others' feelings?) 	<ul style="list-style-type: none"> • Success (How can we embrace failure and show a positive mindset?) • Empathy (Can I recognise different emotions?) 	<ul style="list-style-type: none"> • Success (reflecting on KS2 / successful role models) • Empathy (Can I put myself in others' shoes?) 	<ul style="list-style-type: none"> • Success (what will a successful Y8 look like for me?) • Empathy (human rights / equality acts)
Assemblies	Clennell Solutions (E-Safety) Staying Safe online in school RNLI - Water Safety Class Assemblies: <ul style="list-style-type: none"> • 5H - National Numeracy Day • 5A - Healthy Eating Week (June) • 5S - Empathy • 5C - World Environment Day 		Mental Health Awareness Week Class Assemblies: <ul style="list-style-type: none"> • 7S - Wellbeing • 7C - The Three Big Parties • 7B - Careers • 8S - Justice System / British Values • 8C - New Resolutions / Aspirations 	
Enrichment Events	Inclusion Week PRIDE month National Schools Sports Week Yellow Week		Inclusion Week Pride Month Sports Week / Sports Days Careers Day Yellow Week	