

High School Lunch Menu



SEPTEMBER - FEBRUARY

(Option 1w)

**WEEK
1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Oven Baked Quorn Sausage (vg) Yorkshire Pudding (v) Mashed Potato (v)	Handmade Margherita Pizza Slice (v) Seasoned Wedges (vg)	Katsu Quorn Meatballs (v) Savoury Rice (v)	Southern Fried Quorn Burger (v) Hash Brown (vg) Mixed Salad (vg)	Crunchy Seaside Finger Wrap (v) Mixed Salad (vg)
Main Course	Sizzling Pork Sausage Yorkshire Pudding (v) Mashed Potato (v)	Handmade Chicken & Sweetcorn Pizza Slice Seasoned Wedges (vg)	Crispy Mushroom Bao Bun (v) Savoury Rice (v)	American Style Cheeseburger Hash Brown (vg) Mixed Salad (vg)	Fish Finger or Salmon Finger Wrap Mixed Salad (vg)
Halal	Sizzling Chicken Sausage Yorkshire Pudding (v) Mashed Potato (v)	Handmade Chicken & Sweetcorn Pizza Slice Seasoned Wedges (vg)	Choice of Above (v)	Southern Fried Quorn Burger (v) Hash Brown (vg) Mixed Salad (vg)	Choice of Above
Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – with various fillings including (v)(vg) options / Fresh Sandwiches with (v) and (vg) options.					
Dessert	Honey Oat Cookie (v)	Fruity Flapjack with Custard (v)	Fruit Medley (vg)	Pancake with Golden Syrup and Sliced Banana (v)	Lemon Curd Muffin (v)

Why don't you swap the main dessert for fresh fruit or yoghurt and a chilled drink?



WEEK 1	WEEK 2	WEEK 3
31 Aug 26	07 Sept 26	14 Sept 26
21 Sept 26	28 Sept 26	05 Oct 26
12 Oct 26	19 Oct 26	02 Nov 26
09 Nov 26	16 Nov 26	23 Nov 26
30 Nov 26	07 Dec 26	14 Dec 26
04 Jan 27	11 Jan 27	18 Jan 27
25 Jan 27	01 Feb 27	08 Feb 27



Planet Friendly Days

Menus are subject to availability (v)suitable for vegetarians (vg)vegan diets

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**WEEK
2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Cajun Halloumi Wrap (v) Portuguese Rice (v)	Creamy Mac & Cheese (v) Garlic Bread Slice (v)	Oven Roast Quorn Fillet (vg) Yorkshire Pudding (v) Mashed Potato (v)	Oven Baked Mexican Rainbow Burrito (v) Seasoned Wedges (vg)	Rich Tomato & Basil Pasta Bake (vg)
Main Course	Pepperoni & Cheese Pinsa Flatbread Portuguese Rice (v)	Handmade BBQ Quorn Pizza Slice (v) Jacket Wedges (vg)	Oven Roast Chicken Fillet Yorkshire Pudding (v) Mashed Potato (v)	Quorn Hot Dog in a Bun (vg /v) Seasoned Wedges (vg)	Oven Baked Battered Fish Chips (vg)
Halal	Choice of Above	Choice of Above (v)	Oven Roast Chicken Fillet Yorkshire Pudding (v) Mashed Potato (v)	Choice of Above	Choice of Above
Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – with various fillings including (v)(vg) options / Fresh Sandwiches with (v) and (vg) options.					
Dessert	Yoghurt with Fresh Fruit (v)	Chocolate Orange Sponge with Custard (v)	Honey Oat Cookie (v)	Toffee Cake with Vanilla Ice Cream (v)	Fruit Medley (vg)

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**WEEK
3**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Hearty Quorn Keema Curry (v) Steamed Rice (vg) Naan Bread (v)	Herby Falafel Flatbread (v) Mint Yoghurt Dressing (v)	Homemade Crispy Samosa (v) Mint & Yoghurt Dip (v) Steamed Rice (vg)	Traditional Plant Rich Lasagne (v) Garlic Bread Slice (v)	Thai Cauliflower & Chickpea Curry (v) Steamed Rice (vg) Naan Bread (v)
Main Course	Shawarma Chicken Wrap Jacket Wedges (vg)	Golden Cheese Lattice Slice (v) Jacket Wedges (vg) Mixed Salad (vg)	Creamy Chicken Korma Curry Steamed Rice (vg) Naan Bread (v)	Traditional Lasagne Garlic Bread Slice (v)	Oven Baked Fishcake Chips (vg)
Halal	Shawarma Chicken Wrap Jacket Wedges (vg)	Choice of Above (v)	Creamy Chicken Korma Curry Steamed Rice (vg) Naan Bread (v)	Traditional Lasagne Garlic Bread Slice (v)	Choice of Above
Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – with various fillings including (v)(vg) options / Fresh Sandwiches with (v) and (vg) options.					
Dessert	Fruit Pot (vg)	Vanilla Muffin (v)	Lemon Shortbread (v)	Mandarin & Vanilla Cheesecake (v)	Strawberry Mousse (v)

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