

High School Lunch Menu

FEBRUARY – JULY

(Option 1s)

**WEEK
1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Rich Quorn Sausage Casserole (v) Mashed Potato (v)	Makhani Butter Quorn Curry (v) Steamed Rice (vg) Naan Bread (v)	Traditional Quorn Chilli Con Carne (v) Diced Potato (vg) Mixed Salad (vg)	Handmade Rainbow Supreme Pizza Slice (v) Seasoned Wedges (vg)	Cheese & Broccoli Spring Quiche (v) Mixed Salad (vg) Chips (vg)
Main Course	Rich Pork Sausage Casserole Mashed Potato (v)	Makhani Butter Chicken Curry (v) Steamed Rice (vg) Naan Bread (v)	Mexican Style Oven Baked Tortilla (v) Diced Potato (vg) Mixed Salad (vg)	Handmade Spicy Pepperoni Pizza Slice Seasoned Wedges (vg)	Golden Fish Fillet Mushy Peas (vg) Chips (vg)
Halal	Rich Chicken Sausage Casserole Mashed Potato (v)	Choice of Above	Choice of Above (v)	Choice of Above	Choice of Above
Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – with various fillings including (v)(vg) options / Fresh Sandwiches with (v) and (vg) options.					
Dessert	Fruity Flapjack with Custard (v)	Fruit Salad (vg)	Mixed Berry Strudel (v)	Lemon Drizzle Cake (v)	Chocolate Orange Muffin (v)

Why don't you swap the main dessert for fresh fruit or yoghurt and a chilled drink?



WEEK 1	WEEK 2	WEEK 3
22 Feb 27	01 Mar 27	08 Mar 27
15 Mar 27	22 Mar 27	12 April 27
19 April 27	26 April 27	03 May 27
10 May 27	17 May 27	24 May 27
07 June 27	14 June 27	21 June 27
28 June 27	05 July 27	12 July 27



Planet Friendly Days

Menus are subject to availability (v)suitable for vegetarians (vg)vegan diets

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**WEEK
2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Golden Cheese Lattice Slice (v) Skin on Wedges (vg) Baked Beans (vg)	Falafel Flatbread (v) Red Cabbage (vg) Cucumber & Mint Yoghurt (v)	Traditional Plant Rich Lasagne (v) Garlic Bread Slice (v) Mixed Salad (vg)	Tex Mex Enchilada (v) Chilli BBQ Beans (v)	Red Pepper & Paprika Pasta Bake (v) Oven Baked Crusty Bread (v)
Main Course	Pork Meatballs in a Spicy Tomato Sauce Skin on Wedges (vg)	Chicken Shawarma Flatbread Red Cabbage (vg) Cucumber & Mint Yoghurt (v)	Traditional Lasagne Garlic Bread Slice (v) Mixed Salad (vg)	Sweet Potato & Broccoli Tikki (v) Steamed Rice (vg)	Battered Fish Fillet Tartare Sauce Chips (v)
Halal	Golden Cheese Lattice Slice (v) Skin on Wedges (vg) Baked Beans (vg)	Choice of Above	Choice of Above	Choice of Above (v)	Choice of Above
Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – with various fillings including (v)(vg) options / Fresh Sandwiches with (v) and (vg) options.					
Dessert	Caribbean Slice (v)	Strawberry Mousse Cheesecake (v)	Fruit Salad (vg)	Honey Oat Cookie (v)	Caramel Banana Muffin (v)

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**WEEK
3**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Homemade Margherita Pizza Slice (v) Skin on Wedges (vg)	Classic Quorn Korma (v) Steamed Rice (vg) Naan Bread (v)	Deconstructed Quorn Sausage Toad in the Hole (v) Mashed Potato (v)	Southern Fried Quorn Burger (v) Seasoned Wedges (vg) Garlic Sauce (v)	Cheese & Tomato Pinwheel (v) Chips (vg) Mixed Salad (vg)
Main Course	Rich Vegetable Pasta Ragu (v) Focaccia Bread	Roast Gammon Steak Roast Potato (v)	Deconstructed Toad in the Hole Mashed Potato (v)	Crispy Chicken Burger Seasoned Wedges (vg) Garlic Sauce (v)	Fish Finger or Salmon Finger Bap Chips (vg) Mixed Salad (vg)
Halal	Choice of Above (v)	Classic Quorn Korma (v) Steamed Rice (vg) Naan Bread (v)	Choice of Above	Choice of Above	Choice of Above
Chef's choice of Seasonal Vegetables (v) (vg) and Salad Bar / Oven Baked Jacket Potatoes – with various fillings including (v)(vg) options / Fresh Sandwiches with (v) and (vg) options.					
Dessert	Homemade Chocolate Brownie (v)	Frozen Yoghurt or Fresh Fruit (v)	Mandarin & Vanilla Cheesecake (v)	Frangipane Apple Tart (v)	Mixed Berry Crumble Muffin (v)

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